



Troop 168

CHECKLISTS: FIRST AID, CAMPING, HIKING

Minimum First Aid Equipment

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|---|--|--------------------------------------|---|
| <input type="checkbox"/> Adhesive bandages | <input type="checkbox"/> Elastic Bandages | <input type="checkbox"/> Moleskin | <input type="checkbox"/> Sunburn cream |
| <input type="checkbox"/> Gauze Pads | <input type="checkbox"/> Poison Ivy lotion | <input type="checkbox"/> Needles | <input type="checkbox"/> Asprin |
| <input type="checkbox"/> Adhesive tape | <input type="checkbox"/> Triangular bandages | <input type="checkbox"/> Scissors | <input type="checkbox"/> Antacid tablets |
| <input type="checkbox"/> Roller bandages | <input type="checkbox"/> Antibacterial soap | <input type="checkbox"/> Safety Pins | <input type="checkbox"/> Emergency Money |
| <input type="checkbox"/> Butterfly bandages | <input type="checkbox"/> Oral thermometer | <input type="checkbox"/> Tweezers | <input type="checkbox"/> Pencil and Paper |

Camping Checklist Essential Equipment

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|--|--|--|--|
| <input type="checkbox"/> Duffel Bag/Pack | <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Ground pad | <input type="checkbox"/> Hat (summer) |
| <input type="checkbox"/> Extra clothing | <input type="checkbox"/> Class A & B uniform | <input type="checkbox"/> First Aid kit | <input type="checkbox"/> Stocking cap (winter) |
| <input type="checkbox"/> Boots & extra shoes | <input type="checkbox"/> Toiletries | <input type="checkbox"/> Unbreakable mug | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Pocket knife | <input type="checkbox"/> Flashlight | <input type="checkbox"/> Compass | <input type="checkbox"/> Jacket (fall-spring) |
| <input type="checkbox"/> Scout book/pencil | <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Raingear | <input type="checkbox"/> Canteen/water bottle |

Optional Equipment

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|--|---|--|---|
| <input type="checkbox"/> Swim trunks | <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Lip balm | <input type="checkbox"/> Folding camp stool |
| <input type="checkbox"/> Camera & film | <input type="checkbox"/> Hiking stick | <input type="checkbox"/> Class C uniform | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Duct tape | <input type="checkbox"/> Parachute cord | <input type="checkbox"/> Sewing kit | <input type="checkbox"/> Multi-purpose tool |

Hiking Checklist Essential Equipment

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|---|---|--|--|
| <input type="checkbox"/> Daypack | <input type="checkbox"/> Water | <input type="checkbox"/> Food | <input type="checkbox"/> Map & compass |
| <input type="checkbox"/> Extra clothing | <input type="checkbox"/> Fire starter/matches | <input type="checkbox"/> First Aid kit | <input type="checkbox"/> Flashlight/headlamp |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Signaling device | <input type="checkbox"/> Raingear |
| <input type="checkbox"/> Pocket knife | <input type="checkbox"/> Toilet paper | <input type="checkbox"/> First aid booklet | <input type="checkbox"/> Whistle |

Optional Equipment

- | | | | |
|---|---|-------------------------------------|---|
| <input type="checkbox"/> Water purifier | <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Lip balm | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Camera & film | <input type="checkbox"/> Hiking stick | <input type="checkbox"/> Binoculars | <input type="checkbox"/> Paper & pencil |